

Biking the Loire: The Best Ever Guide to Cycling the Loire (& Beyond)

Welcome to the definitive guide to cycling the Loire Valley, France. This comprehensive book will provide you with everything you need to plan and execute an unforgettable cycling adventure in one of the most beautiful regions in the world.

Whether you're a seasoned cyclist or just starting out, this book has something for you. We'll cover everything from route planning and accommodation to food and wine recommendations. We'll also provide detailed maps, elevation profiles, and GPS tracks to help you make the most of your trip.

So what are you waiting for? Grab your bike and let's hit the road!



Biking the Loire The Best Book Ever About Cycling the Loire (The Steve Says Cycling Series) by Wendy S. Avilés

★★★★☆ 4.6 out of 5

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The first step in planning your Loire Valley cycling adventure is to decide on your route. There are many different options to choose from, depending on your fitness level and interests.

If you're looking for a challenging ride, you can tackle the entire length of the Loire Valley Cycle Route, which stretches for over 900 kilometers (560 miles). This route follows the Loire River from its source in central France to its mouth on the Atlantic coast.

For a more leisurely ride, you can choose one of the many shorter loops that are available throughout the region. These loops typically range from 50 to 150 kilometers (30 to 90 miles) in length and can be easily completed in a day or two.

Once you've decided on your route, you'll need to book your accommodation. There are a wide variety of options to choose from, including hotels, bed and breakfasts, and campsites.

If you're planning on camping, you'll need to make sure that you have the necessary equipment. This includes a tent, sleeping bag, sleeping pad, and cooking gear.

The Loire Valley is easily accessible by plane, train, or car.

If you're flying, the closest airports are Nantes Atlantique Airport (NTE) and Tours Val de Loire Airport (TUF). From either airport, you can take a train or bus to your starting point.

If you're taking the train, the main station in the Loire Valley is Tours. From Tours, you can take a train to any of the major towns and cities in the region.

If you're driving, the Loire Valley is accessible via the A10 autoroute.

When packing for your Loire Valley cycling adventure, it's important to bring the right gear. This includes:

- A good quality bike
- A helmet
- Cycling clothing
- Rain gear
- Sunscreen
- Sunglasses
- Water bottle
- Snacks
- Repair kit
- First aid kit

If you're planning on camping, you'll also need to bring your camping gear.

Now it's time for the fun part: the ride!

The Loire Valley is a cyclist's paradise. The scenery is stunning, the roads are well-maintained, and there are plenty of places to stop for food and

drink.

As you cycle through the Loire Valley, you'll pass through charming villages, vineyards, and forests. You'll also have the opportunity to visit some of the region's many châteaux and historical sites.

Be sure to take your time and enjoy the ride. The Loire Valley is a beautiful region that's best experienced at a leisurely pace.

There are a wide variety of accommodation options available in the Loire Valley. Whether you're looking for a budget-friendly hostel or a luxurious château, you're sure to find something to suit your needs.

Some of the most popular places to stay in the Loire Valley include:

- **Tours:** The largest city in the Loire Valley, Tours offers a wide range of accommodation options, from budget-friendly hostels to luxury hotels.
- **Amb



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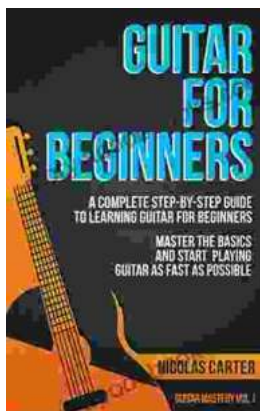
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