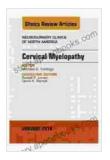
Cervical Myelopathy: An Issue of Neurosurgery Clinics of North America

Cervical myelopathy is a condition that affects the spinal cord in the neck. It can cause a variety of symptoms, including neck pain, numbness and weakness in the arms and legs, and difficulty with balance and coordination. In severe cases, cervical myelopathy can lead to paralysis.



Cervical Myelopathy, An Issue of Neurosurgery Clinics of North America (The Clinics: Surgery Book 29)

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The spinal cord is a long, thin bundle of nerves that runs from the brain down the back. It carries messages between the brain and the rest of the body. The cervical spine is the part of the spine that is located in the neck. It consists of seven vertebrae, which are bones that protect the spinal cord.

Cervical myelopathy occurs when the spinal cord in the neck is compressed or damaged. This can be caused by a variety of factors, including:

- Herniated disk
- Spondylosis
- Spinal stenosis
- Trauma
- Infection
- Tumor

The symptoms of cervical myelopathy can vary depending on the severity of the compression or damage to the spinal cord. Some common symptoms include:

- Neck pain
- Numbness and weakness in the arms and legs
- Difficulty with balance and coordination
- Clumsiness
- Fine motor difficulties
- Loss of bowel or bladder control
- Sexual dysfunction

If you are experiencing any of these symptoms, it is important to see a doctor right away. Early diagnosis and treatment of cervical myelopathy is important to prevent further damage to the spinal cord.

The treatment for cervical myelopathy depends on the severity of the condition. In some cases, conservative treatment measures, such as physical therapy, chiropractic care, and medication, can be helpful. In more severe cases, surgery may be necessary to relieve the pressure on the spinal cord.

With early diagnosis and treatment, most people with cervical myelopathy can improve their symptoms and maintain a good quality of life.

Additional Information

For more information about cervical myelopathy, please visit the following websites:

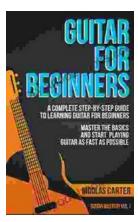
- Mayo Clinic
- Johns Hopkins Medicine
- Spine-Health



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