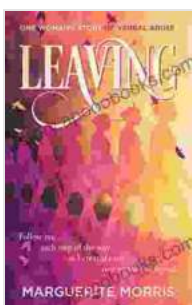


Leaving One Woman's Story of Verbal Abuse: A Journey of Courage, Healing, and Hope



LEAVING: One Woman's Story of Verbal Abuse

★★★★☆ 4.7 out of 5

Language : English
File size : 1352 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 252 pages
Lending : Enabled

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Verbal abuse is a serious problem that can have devastating effects on its victims. It can lead to depression, anxiety, low self-esteem, and even physical health problems. In her new memoir, *Leaving*, one woman shares her story of overcoming verbal abuse and finding hope and healing.

The author, who chooses to remain anonymous, was in a relationship with a man who was verbally abusive for many years. He would constantly criticize her, put her down, and make her feel like she was worthless. She eventually left the relationship, but the effects of the abuse lingered.

In *Leaving*, the author shares her raw and honest account of her experiences. She describes the pain and humiliation of being verbally abused, and the long road to recovery. She also offers hope and guidance to others who have experienced similar abuse.

Leaving is a powerful and inspiring memoir that will resonate with anyone who has ever been in an abusive relationship. It is a story of courage, healing, and hope that will help readers to find their own strength and resilience.

About the Author

The author of *Leaving* is a survivor of verbal abuse. She has dedicated her life to helping others who have experienced similar abuse. She is a public speaker, writer, and advocate for victims of domestic violence.

Reviews

"*Leaving* is a powerful and inspiring memoir that will resonate with anyone who has ever been in an abusive relationship. It is a story of courage,

healing, and hope that will help readers to find their own strength and resilience." -Dr. Phil McGraw

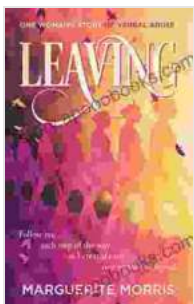
"A powerful and moving account of one woman's journey to overcome verbal abuse. Leaving is a must-read for anyone who has experienced similar abuse or wants to learn more about this serious issue." -The National Domestic Violence Hotline

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Leaving is available for Free Download on Our Book Library, Barnes & Noble, and other major retailers. You can also Free Download a signed copy directly from the author's website.

If you or someone you know is experiencing verbal abuse, please reach out for help. There are many resources available to help you get out of an abusive relationship and start the healing process.

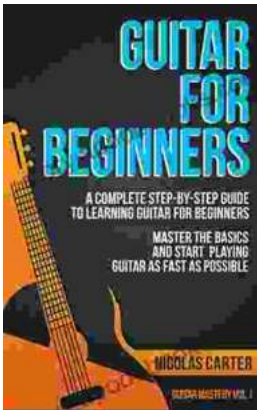
- The National Domestic Violence Hotline: 1-800-799-SAFE
- The National Sexual Assault Hotline: 1-800-656-HOPE
- The Rape, Abuse & Incest National Network (RAINN): 1-800-656-HOPE You can also get help online at RAINN's website: <https://www.rainn.org>



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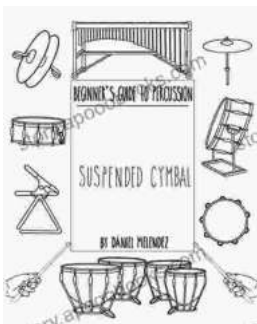
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