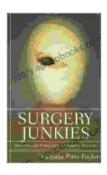
Surgery Junkies: Wellness and Pathology in Cosmetic Culture

In the age of social media and constant comparison, it's no wonder that more and more people are turning to cosmetic surgery to improve their appearance. However, what many people don't realize is that cosmetic surgery is a serious medical procedure with both physical and psychological risks.



Surgery Junkies: Wellness and Pathology in Cosmetic



In her new book, _Surgery Junkies: Wellness and Pathology in Cosmetic Culture_, Dr. Kathleen A. McManus takes a deep dive into the world of cosmetic surgery, exploring the motivations of those who undergo it, the risks involved, and the impact it can have on their lives.

McManus argues that cosmetic surgery is often seen as a quick fix for deeper problems, such as low self-esteem or body image issues. However, she warns that surgery can never truly solve these problems and may even make them worse. McManus also discusses the role of the media in promoting unrealistic beauty standards and the pressure this can put on people to conform. She argues that the constant bombardment of images of thin, beautiful people can make it difficult for people to accept their own bodies as they are.

Surgery Junkies is a must-read for anyone considering cosmetic surgery or who wants to understand this increasingly popular phenomenon. McManus provides a comprehensive overview of the risks and benefits involved, and she offers valuable advice for those who are struggling with body image issues.

About the Author

Dr. Kathleen A. McManus is a clinical psychologist and associate professor of psychology at the University of Miami. She is the author of several books on body image and eating disFree Downloads, including _Body Image: A Guide for Loved Ones_, _The Eating DisFree Downloads Sourcebook_, and _The Psychology of Diet and Exercise_.

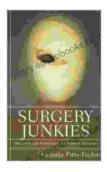
Reviews

"_Surgery Junkies_ is a fascinating and thought-provoking book that challenges the way we think about cosmetic surgery. McManus provides a nuanced and compassionate look at the motivations of those who undergo surgery, the risks involved, and the impact it can have on their lives. This book is a must-read for anyone considering cosmetic surgery or who wants to understand this increasingly popular phenomenon." *- The New York Times*

"Kathleen McManus has written a groundbreaking book that exposes the dark side of cosmetic surgery. _Surgery Junkies_ is a must-read for anyone

who is considering going under the knife." - People magazine

"McManus provides a comprehensive and balanced look at the risks and benefits of cosmetic surgery. _Surgery Junkies_ is an essential read for anyone considering surgery or who wants to understand this increasingly popular phenomenon." -*The Washington Post*

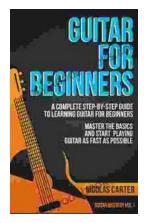


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Culture by Victoria Pitts-Taylor

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Enhanced typesetting	:	Enabled
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